

Penn Valley Athletic Club

The latest PVAC news, views, and announcements

Volleyball Clinic Sign Ups

Kids grades 2 – 5 are invited to participate in our first ever volleyball clinic, July 19 – 21 from 9:30-11:30 a.m. Open to members and non-members. Visit the website for forms and information.

Session Two Swimming Lessons

Session Two group swim lessons are scheduled for Saturdays, July 17, 24, 31 and August 7. You can sign up at the desk to reserve your class time. 10 a.m. Beginner and Intermediate, 10:30 a.m. Intermediate or Development, 11 a.m. Beginner or Development, 11:30 a.m. Intermediate & Development.

Soccer Clinic at PVAC

Interested in honing your soccer skills? Kids grades 2 – 5 are invited to participate in our soccer clinic, July 26 – 28 from 9:30 – 11:30 a.m. Open to members and non-members. Visit pennvalleyac.com for forms and additional details!

Mommy & Me

Sessions 2 & 3 of Mommy & Me are starting in July!
Session 2 – Saturdays July 17, 24, 31 and August 2
10:30-11 a.m.

Session 3 – Saturdays July 17, 24, 31 and August 2
11:15-11:45 a.m.

Taught by Lauren Mortimer, Y Certified Instructor.

Upcoming Events

July 12 – Swim Clinic Begins; Christmas in July

July 16 – Moonlight Swim 6-9 p.m.

July 17 – Mommy & Me, Group Swim Lessons Session 2 Begin

July 19 – Volleyball Clinic Begins

July 22 – Summerween Celebration



AK VALLEY LEAGUE CHAMPIONS!

The season was a whirlwind, but we did it! Congratulations to the PVAC swim team on another undefeated season and another championship won! More than eighty swimmers strong, the team pulled out victories at the 8 & under John “Pump” McLaughlin Lollipop Championship meet on Saturday, and at the John Maserick AK Valley League Championship meet on Sunday. Special congratulations to Kendall Cranmer for receiving the Jane Thimons Excellence Award for scoring high points at the Lollipop Meet, and to Katie Ravasio, ten-year team member, for receiving the Corrie Jones Sportsman Award and a \$200 scholarship.

Special thanks to coaches Corrie Jones and Rachel Shoemaker, and to the parents who help make it all happen. Thank you, PVAC club members and board for supporting the team.

MAKE THE MOST OF YOUR MEMBERSHIP

See all Penn Valley has to offer!
pennvalleyac.com